



GMA SPANDANA

స్పందన

GLOBAL MUNNURUKAPU ASSOCIATION

గ్లోబల్ మున్నూరుకాపు అసోసియేషన్

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ఒక కుటుంబం, ఒక స్వరం

One family, one voice — and it carries further than any of us alone

THE COVER STORY · PAGE 3

Seven families, two countries, one WhatsApp group

At two in the morning, a frightened family typed into a phone. Within twenty minutes, doctors they had never met were answering. Inside the quiet room where our community looks after its own.

హైదరాబాద్ page 5

వనభోజనాలు page 8

బాల స్పందన page 13

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2026-2027

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 Prasad Akula — President Elect
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 Surendar Penchala — Joint Secretary
 Krishna Japa — Treasurer
 Swapna Gollapally — Joint Treasurer
 Venkateswar Rao Peddi — Founding Chairman & Past President
 Rajanikanth Sangani — Founding Member & Global Connect Director

The next response is yours. We need **volunteers who can build digital platforms** — the tools that let two thousand families find each other. We need **mentors to guide the community**, in careers, in study, in the first difficult years after arriving. We need **leaders to build the community**, in the cities where no chapter has formed yet and in the ones that are only beginning. We need teachers, speakers, hands at every event, and someone in each chapter to send a photograph and two lines a month. An hour a month is enough. Write to me at president@gmaworld.org and tell me what you can do.

అధ్యక్షుని మాట FROM THE PRESIDENT

మొదటి సంచిక, మొదటి సంవత్సరం

A first issue, and a first year

We begin this issue in mourning. Amrutha garu, mother of our Joint Treasurer Swapna Gollapally, passed away on 30 August. She belonged to the generation that raised ours, held our families together and asked for very little in return. Swapna has given this association her time through a difficult season, and the GMA family stands with her and with the Gollapallys, in grief and in gratitude both. Our heartfelt condolences.



Vamshi Damera
President, 2026-2027

What follows is a record of people showing up for one another. Last month a fifteen-year-old girl was in pain and her family did not know what to do. They typed into a WhatsApp group at an hour when no office is open anywhere. Within twenty minutes, doctors they had never met were answering.

Nobody scheduled that. No committee approved it. It happened because someone was awake and someone else needed help. That reflex has a name in our language: **Spandana** — the sound a thing gives back when it is struck.

My thanks go first to the hundreds of you who are never named — the coordinators who book halls, the doctors who answer at midnight, the women who make our cultural events happen, the ones who teach a Saturday class or quietly pay a student's fee. This issue will name perhaps twenty of you. There are more of you than a magazine can hold.

One last thing, and it is why this magazine exists. A community that does not write itself down disappears twice — once when the people go, and again when nobody can say what they did. So send us your news. It will feel too small to send. Send it anyway.

An association is only as strong as its instinct to answer. Ours is strong.



ఒక కుటుంబం, ఒక స్వరం
One family, one voice

Vamshi Damera

President, Global Munnurukapu Association · 2026-2027

సేవ 10 JUNE – 9 SEPTEMBER 2026

ఆపదలో అండగా

Neighbors picking up the phone

By the GMA SEVA committee

There is a particular loneliness in living far from where you grew up. It arrives at two in the morning, when something has gone wrong with someone you love and you realise you do not know a single person to call. This is what our community built so that no Munnurukapu family sits in that silence.

7 families helped this quarter

2 countries, so someone is always awake

<1hr most requests answered within

GMA Medical Services is a WhatsApp group, not a clinic. Members who happen to work in medicine sit in it and answer their neighbors — voluntarily, in their own time, as family rather than in any professional role. Nobody in the group is anyone's doctor. Nobody in it is a patient.

What gets exchanged is simple: a name, a phone number, a direction to go in. It sounds small — until you have stood in a hospital corridor in a country you did not grow up in, holding paperwork you cannot read.



1
A family types
into the group, at any hour

2
Someone is awake
across two time zones

3
A volunteer calls
the family, directly

4
A door opens
to a doctor who can see them

Seven families, and what our neighbors did

A family in Hyderabad, frightened and out of their depth

A family shared their situation. One of our members in the United States phoned them the same afternoon and talked it through. Within days they had been introduced to a neurologist at a leading Hyderabad hospital.

A lung transplant, and the right first question

A member forwarded a hospital estimate and a financial-assistance letter. The first question back set the pattern — financial help, or help finding the right doctor? The answer was both.

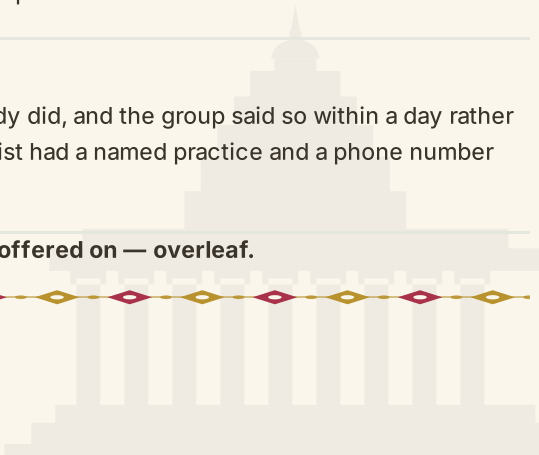
A fifteen-year-old, and forty-eight hours

A member wrote in about his niece, home a month from India, in severe pain and losing weight fast. Within twenty minutes the group had told them the one thing that mattered: stop waiting, go today. When a scan came back three weeks out, a member worked out where they might be seen sooner. In forty-eight hours the family went from panic to a plan.

Two more

A member asked whether anyone knew someone at a major US cancer center; nobody did, and the group said so within a day rather than leaving the family on a maybe. A member in Delaware looking for a rheumatologist had a named practice and a phone number within three hours.

The thank-you this quarter, the volunteers we still need, and the terms this help is offered on — overleaf.



కృతజ్ఞతలు WITH THANKS
ఒక్క మనిషి, ఏడాది పొడవునా

One man, all year

I would avoid self-treating based on ChatGPT or Google and doing exercises without knowing the actual diagnosis.

A VOLUNTEER, TO A WORRIED FAMILY — THE GROUP'S STANDING ADVICE IS ALWAYS TO SEE A REAL DOCTOR

More hands, and a request

Two more members who work in medicine, based in Telangana, joined this quarter — widening the hours in which a frightened family finds an answer.

We are also looking for members willing to speak at health-awareness sessions. Timings work around the speaker. Write to 855munnu@gmail.com. You do not need to give much — only to be reachable.

- Thyroid disorders
- Stroke prevention
- Cardiac health
- Diabetes
- Nutrition & weight management
- Women's health

Thank you

THE COMMUNITY'S DEEPEST GRATITUDE

Dr. Krishna Badhey, MD

Pulmonary Medicine · New York

If this group has a heart, it is Dr. Krishna Badhey.

Not for a month. Not for a season. All year. Nearly every request that reaches this group has been answered by him — often within minutes, at every hour, and never once needing to be asked twice. He picks up the phone to families he has never met and stays with them until someone is in good hands, asking nothing in return: no recognition, not even a mention. GMA cannot repay this. We can only name it.

Thank you, Dr. Badhey. Our community is stronger because of you.

PEOPLE · CULTURE · SERVICE · STRONGER TOGETHER

Please read. GMA Medical Services is a community WhatsApp group, not a medical practice, and GMA does not provide medical care. Volunteers respond in their personal capacity, not in any professional role, and no doctor–patient relationship is created by anything said there. Nothing here is medical advice or a substitute for examination by a qualified clinician. Names of families are withheld; volunteers are named only with consent. In an emergency, call your local emergency number.

హైదరాబాద్ 28 AUGUST 2026

సమాజం కలిసింది, పత్రికలు విన్నాయి

The community meets, and the press listens

By the Global Connect desk, Hyderabad

A gathering of Munnurukapu families in Hyderabad became the month's largest story — carried the next morning by seven Telugu dailies, none of it bought and none of it arranged.



The hall at the close of proceedings. Families from across Telangana stood with the members of the Telangana Munnurukapu Journalists Forum who had come to listen.

Munnurukapu families from across Telangana came together in Hyderabad on 28 August, alongside the Telangana Munnurukapu Journalists Forum. What was said from the stage was, at its heart, a single argument: that a community spread across many countries and many professions is only as strong as its willingness to act as one.

Speakers set out what GMA already provides without charge — matrimonial matching, employment help, doctors' and legal networks, and the website that ties them together. Coverage the next day picked out the association's support for young Munnurukapu people who have lost a parent, and the education assistance extended to them.

The most striking thing about the reporting was that nobody asked for it. Seven newspapers — Eenadu, Andhra Jyothy, Namasthe Telangana, Mana Telangana, Nava Telangana, Manam and Vision Andhra — sent reporters or ran the story from the hall. For an association that spends nothing on publicity, that is a measure of how much the room mattered.

Why it matters here. Every member reading this in Dallas or New Jersey has family in those districts. What GMA builds in America and what the community builds in Telangana are not two projects. This meeting was the moment that stopped being a slogan.



Mana Telangana, Sunday 30 August 2026, Hyderabad edition — one of seven papers that carried the meeting.

మున్నూరు కాపులు ఏకం కావాలి

"MUNNURU KAPUS MUST UNITE" — MANA
TELANGANA, 30 AUGUST 2026



On the dais at the Mercure, Somajiguda: the journalists' forum session that anchored the day's programme.



Venkateswar Rao Peddi, GMA's founding chairman, honoured with the shawl before addressing the hall.



Courtesy calls through the week — the Global Connect work that links members abroad with institutions at home.

వలస WHAT CHANGED, AND WHAT IS ABOUT TO

మన కుటుంబాలను తాకే మార్పులు

Three weeks that change the rules

By Ravikumar Nethi, National Immigration Director

More has moved in American immigration this year than in the previous five, and almost all of it lands on Indian families. Three dates this month decide what happens next.

15 SEP

Duration of status ends
for every F-1 and J-1

20 SEP

The \$100,000 fee lapses
unless it is renewed

1 OCT

FY2027 visa numbers
EB-2 India should reopen

Students · the biggest change in thirty years

On 15 September, "duration of status" ends. Since 1991 an F-1 student was admitted for as long as their program lasted. From this month they are admitted to a fixed date — the program end on the I-20, capped at four years, plus thirty days either side.

Anyone needing longer must file an extension with USCIS, with biometrics, and wait.

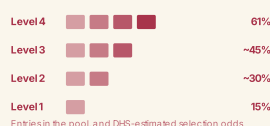
If your child is already here, transition rules cover them: they may stay to their I-20 end date or the end of an approved OPT, and no later than 14 November 2030. OPT filed on or before **18 March 2027** needs no separate extension.

The trap is travel. A student who re-enters on or after 15 September is readmitted on the new fixed I-94, and the grace period after graduation drops from sixty days to thirty. A Christmas trip home can cost a month of decision time.

H-1B · the lottery is no longer a lottery

The \$100,000 fee is not being collected. A federal court vacated it on 8 June as an unconstitutional tax and the First Circuit refused to reinstate it on 24 July. It expires by its own terms on **20 September** unless renewed.

The quieter change matters more. Since 27 February the cap lottery is weighted by wage level: Level 4 enters the pool four times, Level 3 three times, Level 2 twice, Level 1 once.



Wage level reflects seniority and job complexity for an occupation and location, not what you earn — many well-paid engineers still register at Level 1 or 2. For the March cap season it now matters more than anything else in the file.

Green cards · the queue that does not move

EB-2 India has been unavailable since the summer — not retrogressed, unavailable. India exhausted its annual allocation and for a second consecutive bulletin the category carries no date at all. EB-3 India sits at 1 January 2014, ahead of EB-2, an inversion now holding two months.

1 October resets the clock. FY2027 opens with fresh numbers and EB-2 India should return; State's July notes suggested at least 15 July 2014. Prepare the adjustment package now.

EB-1 India is also at risk of going unavailable before 30 September. Students finishing a program after 15 September cannot start another at the same or a lower level.

H-4 spouses · the right to work

On 14 August DHS published its 2026 regulatory agenda carrying *Removing H-4 Dependent Spouses From the Classes of Noncitizens Eligible for Employment Authorization*, RIN 1615-AD14 — reversing the 2015 rule under which the spouse of an H-1B worker with an approved I-140 may apply for a work permit.

Nothing has changed yet. This is an agenda entry, not a regulation; the proposed rule is dated "to be determined." Valid cards stay valid to their expiry and USCIS is still deciding applications. Rescission by rulemaking needs six months at minimum; the sharper risk is the standing lawsuit, since a court can vacate a rule with no transition.

Why it lands hardest on us. With India's queue past a decade, a spouse who cannot work is not inconvenienced for a season — a household lives on one income for ten or

fifteen years while a qualified professional sits at home. **If you hold a card:** keep working, file renewals early, and ask an attorney about an independent status now.

A summary, not legal advice. Every item here has moved at least once in the past twelve months and may have moved again before this reached you. Verify your own case with a qualified immigration attorney. GMA's Immigration Education Call is free to all members — page 10. Sources: USCIS, the Federal Register, the State Department visa bulletins for August and September 2026, and published court decisions.

ఉద్యోగ విపణి JOB MARKET

ఒకే విపణి, రెండు దారులు

One market, pulling in two directions

By the GMA Careers team

Ask two members how hiring is going and you will get opposite answers. Both are telling the truth. The tech market did not shrink this year — it split, and which half you are standing in decides everything.

+18% tech postings, Aug 2026 vs Aug 2025	+101% AI and ML postings, same period	-25% entry-level engineering hiring	67 days median time to hire, Q1 2026
--	---	---	--

The split, in one chart

AI / ML postings		+101%
Tech postings, all		+18%
Entry level		-25%

Year on year to August 2026, AI and machine-learning postings grew more than five times faster than tech postings overall. In the same market, roughly 52,000 tech workers were laid off in the first quarter, nearly half of those cuts attributed to AI. Both numbers are real. Companies are cutting the roles AI absorbs and opening the roles AI requires.

The squeeze is sharpest at the bottom. QA and test automation are being absorbed fastest; teams that ran three to five QA engineers now run one person overseeing generated test coverage. Boilerplate backend work — CRUD APIs, admin tooling, basic data transformation — needs fewer junior hires than it did. New computer science graduates faced around 6.1% unemployment this year even while specialized roles went unfilled.

What it means for our members

If you are senior and specialized, this is a strong market. Engineers with LLM integration or cloud infrastructure experience report several times the callback rate of generalist applicants.

If you are early career, the door is narrower and the path from junior to senior is faster and less forgiving. Assume a longer search — two months to an offer is now normal, not a bad sign.

If you are between roles, hiring runs on an annual budget cycle. Most net hiring happens between March and June; the second half of the year is quieter, and layoffs have clustered in August to October three years running.

Pay is where the split shows hardest. Software engineering nationally runs roughly \$109,000 to \$175,000; AI and ML engineering roughly \$134,000 to \$193,000 — a floor premium of about \$25,000 for the same years of experience.

GMA Careers can help

- Members review each other's resumes, without charge
- Referrals into companies where members already work
- Mentors for anyone in their first years here

Figures drawn from published industry hiring reports for 2026 — Dice monthly tech job reports, Indeed Hiring Lab, CompTIA, Robert Half's 2026 salary guide and Levels.fyi. Ranges are national and vary widely by metro; treat them as a shape, not a quote. **Are you hiring, or looking?** Write to 855munnu@gmail.com and we will run a members' board in the next issue.

వనభోజనాలు SUNDAY 30 AUGUST 2026

ఒకే మధ్యాహ్నం, రెండు చోట్ల

Two parks, six hundred miles, one afternoon

By the Washington DC / Virginia and Atlanta chapters



Ashburn, Virginia. Three generations under one roof at Goose Creek Pavilion, Reservoir Park — the DC and Virginia chapter closing the summer.

DC booked Reservoir Park in Ashburn. Atlanta booked Eagle's Beak Park in Ball Ground. Neither chapter knew the other had picked the same Sunday — which is the

most encouraging thing in this issue. A community that no longer has to be told when to gather.

WASHINGTON DC / VIRGINIA

Goose Creek Pavilion, Reservoir Park, Ashburn · 11:00 AM

Food from a dozen kitchens, children loose on the grass by noon, and the pleasure of speaking Telugu at full volume without explaining yourself to anyone. Then somebody produced a cake reading FIRST YEAR ANNIVERSARY, with the Mahasabha crest on it.

ATLANTA

Eagle's Beak Park, Ball Ground, Georgia · 12–5 PM

The invitation promised fun games, food and great memories, and for once a flyer told the exact truth. Names attached to faces; children who had only ever met on a video call running about together.

Parents discovered that the family four exits down the highway had been there the whole time.



Atlanta. Under the banner at Eagle's Beak Park, Ball Ground.



DC. Who between them planned, cooked and ran the day.



Atlanta. The executive team, under president Naresh Tondur.

Hosting a chapter event?



Send one group photograph and two lines within a week of the day — 855munnuru@gmail.com. Every chapter that sends something gets space on this page. Chapters that do not send anything simply are not here, and members notice.

కొత్త బాధ్యతలు APPOINTMENTS

జాతీయ బృందంలోకి తొమ్మిది మంది

Nine join the national team

Announced through August and early September. Each director leads a national program and reports to the Executive Committee.

**Ravikumar Nethi**

National Immigration Director

**Vinay Patelolla**

Business Forum Director

**Mohan Akula**

Wall Street Director

**Tejaswini Sirivolu**

National Cultural Director

**Meena Tondur**

National Cultural Co-Director

**Renuka Katakam**

National Matrimonial Director

**Naresh Tondur**

National Matrimonial Co-Director

**Akshara Vihaari**

Global Connect Member

**Suresh Puram**

Global Connect Co-Director

VOLUNTEERS

Help us build the GMA mobile app

GMA is looking for members to build a mobile app for the Apple App Store and Google Play — events, news, directory, services, gallery, donations and notifications. Experience wanted in app development, UI/UX, backend, testing or store deployment. Write to 855munnnuru@gmail.com.

MEMBERSHIP

Membership is free

Joining takes about a minute at gmaworld.org/signup — scan the code on page 16. Members receive event invitations, and access to the matrimonial service, the careers hub and community news.

SUBMISSIONS

Send us your news for the October issue

Achievements, chapter events, photographs and notices. Submissions close on the 25th. Email 855munnnuru@gmail.com with the event name, date and location, and confirm that everyone pictured has agreed to publication.

HELP LINE

855-686-6878

The GMA help line reaches SEVA support, including funeral assistance in the USA and India, and domestic violence resources. Printed in every issue.

సమావేశాలు SEPTEMBER SESSIONS

జూమ్‌లో మూడు సాయంత్రాలు

Three evenings on Zoom

Three evenings this month, with the joining details below — and a look back at what the community has already run this quarter.

12

SAT SEP

Global Connect: Meet & Greet with the Chairman

Guest: Sri Bomma Sriram Chakravarthy, Chairman, Telangana State Munnurukapu Corporation.

Moderated by Rajanikanth Sangani.

10:30 AM EST / 8:00 PM IST

tinyurl.com/GMAGlobalConnectService



13

SUN SEP

Roadmap to Financial Independence & Retire Early

Raghu Thota, financial advisor. Moderated by Archana Penchala.

5:00 PM EST · Meeting ID 933 384 7154 · Passcode GMAMEETING

Wealth building

Retirement planning

Q&A



13

SUN SEP

GMA Immigration Education Call

OM Prakash Nakka, entrepreneur, investor and lawyer. Moderated by Ravikumar Nethi.

8:00 PM EST · Meeting ID 933 384 7154 · Passcode GMAMEETING

H-1B wage levels & RFEs

F-1 CPT / OPT

Duration of status



Also conducted this quarter

Two sessions already held, with no recording page of their own. The three above are detailed in full at the top of this page.

CONDUCTED

Global Real Estate Education

29 August · Santosh Gantaram

CONDUCTED

SIR Awareness for Global NRIs

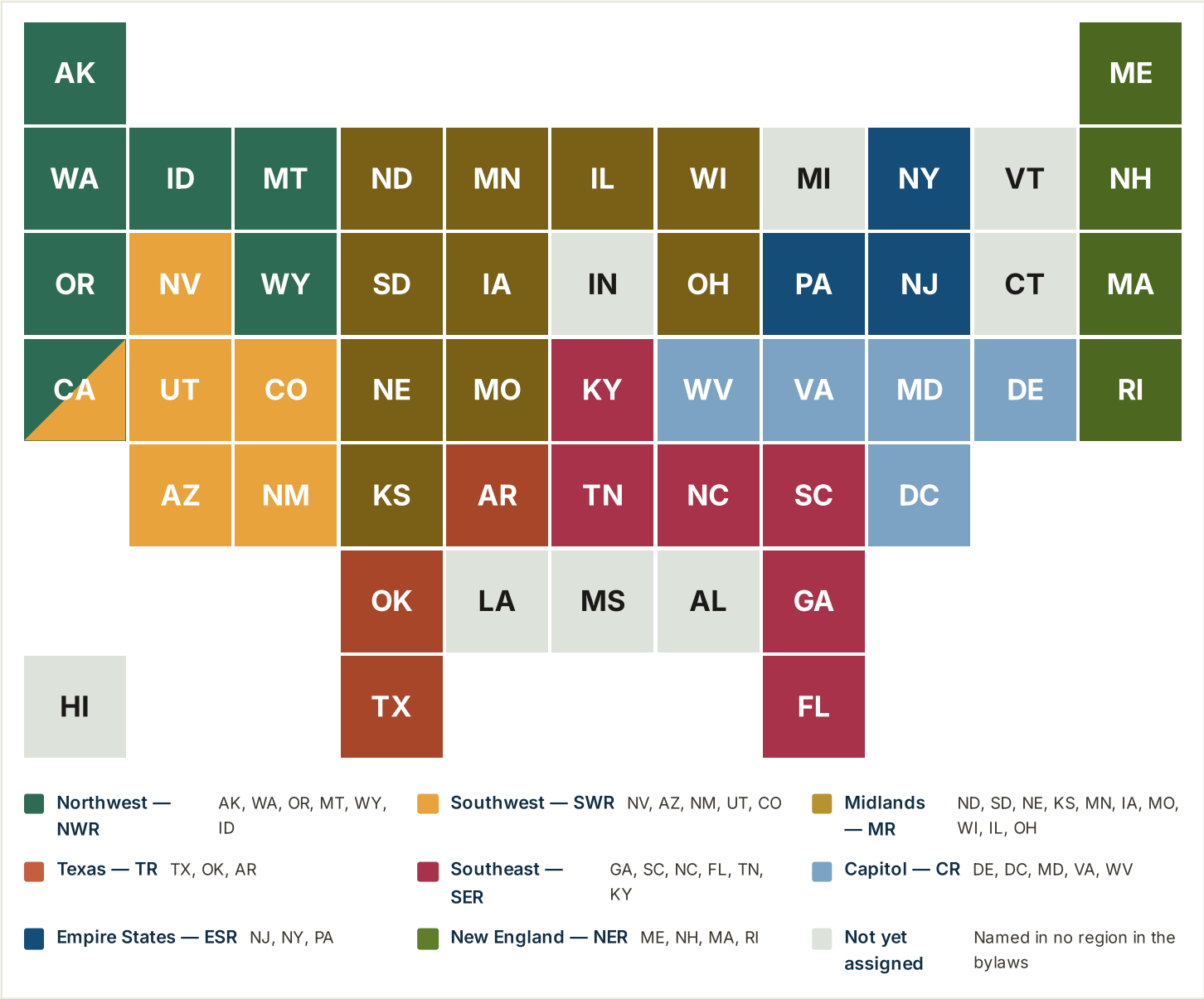
Rudra Santhosh Kumar

Sessions are announced first in the GMA WhatsApp groups — join us live, and bring your questions. Every session ends with an open Q&A.

మనం ఎక్కడ ఉన్నాం THE EIGHT REGIONS
అమెరికా అంతటా స్పందన

Spandana across America

Article V of the bylaws divides GMA into eight named regions. Here is what that looks like on a map — including the states nobody has claimed yet.



California is cut in half

Deliberately. Northern California and the Bay Area sit in the Northwest region; Southern California sits in the Southwest. It is the only state the bylaws split, which is why its tile carries two colors.

The grey squares

Nine states and territories appear in no region at all — among them Michigan, Indiana, Alabama, Mississippi, Louisiana, Connecticut, Vermont and Hawaii. Members living there belong to GMA, but to no region. Worth fixing at the next bylaws review.

A region needs fifty members in good standing before it can become a chapter.



ఇంటి చిట్కాలు FROM GMA ACADEMY

అమ్మమ్మ చిట్కాలు

Inti Chitkalu

From the GMA Academy guide, reviewed by the Medical Services volunteers

Every Telugu household runs on a handful of these. GMA Academy has now written them down properly — twenty-nine topics, with preparation, quantities, and an honest note on which ones the evidence actually supports. A few from the guide each month.

This month: digestion, acidity and cough

Chitka	How	Note
Ajwain with black salt	½ tsp ajwain chewed with a pinch of black salt, then warm water	The classic. Fast for gas and heaviness
Jeera water	1 tsp cumin boiled in 2 cups water, sipped warm	Mild enough for daily use
Saunf after meals	½–1 tsp fennel, chewed	The reason it sits at every restaurant counter
Coriander seed water	1 tsp dhania soaked overnight in a cup of water; strained and drunk in the morning	For acidity. Skip the warming remedies here — no ginger, pepper or clove
Soaked almonds	5–6 soaked overnight, peeled, eaten in the morning	The old daily habit, and a reasonable one
Honey for cough	A spoon, for anyone over one year	Performs at least as well as common cough syrups. Never before the first birthday

Stop and see a doctor — do not treat these at home

- Chest pain or tightness, especially with sweating or pain in the arm or jaw.
Chest discomfort dismissed as gas is a common and dangerous mistake in heart attacks.
- Any fever in an infant under three months
- Sudden weakness, facial droop or slurred speech
- Fever beyond two or three days, or anything getting worse rather than better
- Blood in stool or urine, black stool, or unexplained weight loss

Chitka or myth?

Cover the right-hand column. Four that Indian households still believe — one holds up, three are dangerous.

1 Traps heat and deepens the burn — cool running water for twenty minutes. **3** Many preparations contain lead; the harm is irreversible. **5** Dengue needs monitoring, not a remedy.

Educational only — not medical advice. These are for mild, self-limiting complaints that would settle anyway. Always see a doctor for infants, children, the elderly, anyone pregnant or breastfeeding, anyone on prescription medication, or anyone with diabetes, heart, liver, kidney, thyroid or bleeding conditions. The most common harm from home remedies is not the remedy — it is the treatment that got delayed. Never stop prescribed medication in favor of one. Read the full guide at gmaworld.org under Health & Wellbeing.



బాల స్పందన FOR THE YOUNGEST MEMBERS

ఈ పేజీ మీది

This page belongs to you

Half the faces in this magazine are under twelve. Here is a page that is actually yours — a puzzle to solve now, and a space we are keeping empty until you fill it.

Find the fourteen words

M	A	H	A	S	A	B	H	A	M	C	G	G	R
I	S	P	A	N	D	A	N	A	F	A	R	Y	T
B	T	F	A	T	L	A	N	T	A	H	I	L	M
T	S	E	S	A	L	L	A	D	M	S	S	I	V
F	N	H	L	C	O	N	E	P	M	P	A	M	G
Y	A	H	O	U	S	T	O	N	A	N	N	A	T
U	Y	S	L	P	G	L	Y	G	K	D	K	F	Y
U	P	A	K	U	R	U	N	N	U	M	R	U	D
G	H	N	C	K	T	L	I	A	H	M	A	P	S
C	B	P	L	T	O	I	R	A	T	G	N	A	C
O	T	E	L	A	N	G	A	N	A	B	T	K	F
T	U	G	A	D	I	L	E	R	B	E	I	S	S
P	R	U	C	H	P	S	T	K	T	Y	F	S	S
S	E	V	A	T	I	K	N	V	G	K	E	T	S

Your drawing here

Draw what your family does together and send it in. The best ones run on this page next month, with your name and your chapter.

ఒక కుటుంబం, ఒక స్వరం

Oka kutumbam, oka swaram.

One family, one voice — the line on the cover of this magazine.

ATLANTA

BATHUKAMMA

DALLAS

FAMILY

HOUSTON

KAPU

MAHASABHA

MUNNURUKAPU

SANKRANTI

SEVA

SPANDANA

TELANGANA

TELUGU

UGADI

Words run across, down, diagonally, and backwards. Ask a grandparent what any of them mean — that part is the real puzzle.

Send drawings, poems and puzzle answers to 855munnuru@gmail.com with your first name, your age and your chapter.



మన కార్యక్రమాలు WHAT GMA RUNS

సభ్యులందరికీ ఉచితం

Every program, free to members

Twelve programs, none of which costs a member anything. Most people use one and never discover the rest.

 GMA Academy 204 curated free courses from top universities, tech and AI companies, plus GMA's own programs.	 Matrimonial Verified, member-only matchmaking. Privacy-first and family-friendly.	 Careers Jobs, mentors and career growth, connecting members with opportunities.
 Business Forum Start, buy or invest in a business — mentorship and funding introductions.	 GMA Wall Street Financial education, market sessions and investing fundamentals.	 Vanitha Women's Forum Women leaders driving culture, wellbeing and professional growth.
 Youth & Scholarships Leadership workshops, competitions and annual scholarships for students.	 Health & Wellbeing Health camps, awareness sessions and wellbeing programs.	 Classifieds The community marketplace — buy, sell and find services among members.
 GMA SEVA Members helping members, funeral assistance in the USA and India, and domestic violence resources. See page 3.	 Foundation Adopt a Village, and giving that reaches families back home.	 Global Connect Linking members abroad with institutions and leaders in Telangana.

What they are worth if you use them

A job found through a member is not the same as a job found online

A referral from inside a company reaches a human being; a portal application usually does not. In a market where a generalist waits two months for a callback, that difference is the whole game. Members review each other's resumes and make introductions where they work.

The Academy is curation, and curation is the scarce thing

Courses are everywhere and mostly free; knowing which one is worth your Saturdays is not. The Academy draws on what leading universities, technology companies and established institutes teach — cloud, AI, data, product, finance, communication — and puts them in an order a member can follow. The teaching is not ours; the choosing is. Someone with a real goal gets one clear next step instead of forty browser tabs.

Vanitha, Youth and Health are where isolation gets broken

The women's forum, the youth workshops and the health sessions do the same quiet work: they put someone in a room with people carrying the same week. Most of what members say they get from GMA came from who they met inside a program, not from its stated purpose.

SEVA is the one nobody plans to need

Funeral assistance in two countries, the medical group on page 3, domestic violence resources. Members find it in the worst week of their lives. Read page 3 before you need it.

Using one? Say so. Volunteers keep going when they hear it worked. If a referral got you an interview, if a course changed your title, if a doctor answered at midnight — tell us at 855munnuru@gmail.com, and someone else will use the program because you did.

మన వాళ్ళు ACHIEVEMENT

ఆదిత్య పడాల మైనర్ లీగ్ కు ఎంపిక

Aditya Padala reaches Minor League T-20



Aditya Padala has been selected to play in Minor League T-20 for the 2026 season. Hard work, dedication and a long love of the game brought him here, and the whole GMA family is proud.

Congratulations too to his parents, Jyosna and Sridhar Padala, whose encouragement and support have been part of every step.

Know a member with news? Send it to 855munnu@gmail.com — graduations, promotions, new businesses, awards, published work, sports and arts wins, and youth volunteering all belong on this page.

Send us the next one

This page runs on what members send. Anything on this list belongs here — and so does anything that is not.



A graduation



A new job



A first home



A wedding



An award or a win



A new arrival

Photograph, name, chapter, two sentences — 855munnu@gmail.com.

In memoriam • శ్రీ ర డ్ గొల్లపల్లి



Gollapally Amrutha garu

Passed away 30 August 2026

Mother of Srimati Swapna Gollapally, GMA Joint Treasurer. The National Executive Team and the wider GMA family extend heartfelt condolences to the Gollapally family in this moment of deep sorrow.

GMA SEVA provides funeral assistance in the USA and India. Call 855-686-6878.

చేయూత SUPPORT GMA

సభ్యత్వం ఉచితం, సేవ కాదు

Membership is free. The work is not.

Nobody pays to belong to GMA, and nobody ever will — a deliberate decision, so that no family is kept out by cost. It also means everything in these pages runs on volunteered hours and money given freely by members who can afford it.

Your donation pays for scholarships reaching students in India, for Adopt a Village, and for SEVA — the funeral assistance and family support most members never need until the day they suddenly do. A small recurring gift is worth more than a single large one, because it lets us commit to a student for a full year instead of hoping. GMA is a 501(c)(3) nonprofit and contributions are tax-deductible in the United States to the extent allowed by law.

This page is missing you

Everything in this first issue was written by the association about the association. That is the one thing wrong with it. From October, half of Spandana should be written by members. Send it rough; we will help.

—**How we came.** Your family's first year in this country, 800 words

—**Your amma's chitka.** The remedy your household swears by

—**Your milestone.** A graduation, a business opened, an award

—**A letter to the editor.** Disagree with something in here

—**A photograph** from any chapter event, with two lines

president@gmaworld.org · submissions close the 25th

IN THE OCTOBER ISSUE

- Bathukamma and Dasara across the chapters — send photographs
- The first "How we came" — one family's story of arriving
- Where the H-1B proclamation stood after 20 September

JOIN — FREE

Become a member

Scan to register. Takes about a minute.
Open to all Munnurukapu families worldwide.

gmaworld.org/signup

GIVE

Donate to GMA

Scan to give once or monthly. Every contribution goes to scholarships, SEVA and the Foundation.

gmaworld.org/donate

GMA Spandana

CONTACT

president@gmaworld.org

855munnu@gmail.com

Help line: 855-686-6878

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Next issue: October 2026

Submissions close the 25th